

# The Modern Relevance of God

SPECIAL PODCAST SERIES

RICHARD LLOYD JONES WITH CLÁUDIA B. S. PACHECO

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*To embrace sanity is to  
accept truth, live love,  
and be good.*

Norberto Keppe



*Thinking with Somebody Else's Head presents...*  
**The Modern Relevance**  
*of God Special Podcast Series*

Science and Spirituality



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## Meet your hosts

### Richard Lloyd Jones

Richard has more than 40 years experience in professional communications, many of them dedicate to radio and television, and is one of the most well-known voices in Canada. He is certified as a psycho-socio therapist from the International Society of Analytical Trilogiy. He is a popular teacher and workshop leader at Millennium, the Language Center of the Keppe & Pacheco Trilogical College. Richard is the creator and producer of the Thinking with Somebody Else's Head Podcast, based on the science of Analytical Trilogiy, and is also the creator of the STOP Radio Network.



### Cláudia B. S. Pacheco

Cláudia defended her PhD thesis before the SPI about Freud and Psychoanalysis. She taught as a guest teacher at the City University of New York, and at New York University. As a result of her 29 years of research and 24 years of psychoanalytic work, attending clients of the whole world, she has written several books, including the best seller Healing through Consciousness - Theomania and Stress, already published in nine languages, and articles on psycho-socio-pathology, translated into English, French, German, Russian, Italian, Finnish, Swedish and Spanish. Author and coauthor of more than 12 book titles addressing the themes of psycho-socio-pathology and psychosomatic medicine.



# Why Even Do This?

## Richard Lloyd Jones:

Welcome to the Modern Relevance of God audio course. Class 1 – Why Even Do This. Man, that is such a relevant question. I produce a podcast called Thinking with Somebody Else's Head, and I had a listener to that podcast write me asking, "Why do you have to use the word 'God'?"

I understand the concern. I think our historical religious power struggles and fanaticism have given God a bad name. To the point where the word itself has become ... how to say this? ... loaded.

But that's one of the things I'd like to do in this course, actually – un-load the word God and spirituality and all that goes with it. Because I believe people are looking for answers. Trying to make their way through this increasingly complicated world. They are searching for meaning. And my contention is that there is much of meaning to be found in discussions about God and purpose and the why and how of it all.

So that's relevant.

Then there's the 3-year study from Oxford in over 20 countries and multiple cultures that shows that we human beings are predisposed to believe in gods and an afterlife. So let me hold that up to my friends and family – and perhaps even if necessary to you, too – as further proof of the relevance of what I'm embarking on.

Now, just to reassure you, there'll be no New Testament Bible thumping here, no "if you don't believe what we're talking about you're going straight to hell" finger wagging. This will be a scientific view of spirituality and God that just may be thrilling. I think in the least it will be interesting.

And, of course, relevant.

Now, who am I and who are we to approach this weighty topic? These classes will be culled from my podcasts, which I've been producing since 2006. They are based on my research and teaching at the Keppe & Pacheco College in Brazil, which teaches the science of Analytical Trilogy developed by psychoanalyst and social scientist, Dr. Norberto Keppe and his closest assistant, fellow psychoanalyst and writer, Dr. Claudia Bernhardt Pacheco. Dr. Pacheco will feature prominently in these classes.

Norberto Keppe's International Society of Analytical Trilogy has been around since the late '70s. Keppe's 93 now, and still working and producing, adding to his formidable body of work. And I want to give you a sense of who he is at the beginning of our course. Here's a short excerpt from a podcast where I spoke with Claudia Bernhardt Pacheco about Keppe's approach to treating his patients in psychoanalysis.

**Claudia Bernhardt Pacheco:**

You know Dr. Keppe is a pure psychoanalyst. He's a scientist. He began his work on this area of the human psyche a long time ago in the hospital of the university of San Paulo, mostly, but he went to Vienna. He studied there with the psychoanalytical groups and some of those psychoanalytical groups consider the Freudian psychoanalysis too materialistic, too linked to the census. And this seems to be something that is against the principle of psycho analysis, because analysis is analysis of the psyche and psyche is soul in Greek. So most of our psychological life, Richard is not pertaining to the field of the senses. Feelings of love, intuition, consciousness, ethics, feelings, emotions. They are mostly not visible, not tangible. And they belong to the majority of things that we accomplish in society. Society is based 90% on invisible things. On laws and ethics and morals and habits and conducts and wishes and the wish to be happy,

**Jones:**

Desires ...

**Pacheco:**

Desires that are a lot linked to the psychological life, not physical.

Jones: And what you're talking about is so true because if we get sick, the immediate thing we start to question is, "What has my life been for? What have I been doing? I've been chasing after money or women or, houses or something. And now that I have this health challenge, I'm realizing that all of that was for naught, was not important."

And even for atheistic people that think they die and they just finish, that life is over when people die, even those people live 90% based on invisible values and aspirations and sensations and emotions, desires, values. So all this invisible world is very important for humanity, even though people say, “No, what I don’t touch, I don’t believe.” But they then would not believe in affection, in loyalty, in truth, in lying or not lying to people, in being betrayed or not being. All of these belong to this invisible world. When Keppe started to see patients, he also realized that the majority of the problems they manifested had very little to do with material needs. So the majority of the problems were related to the soul in terms of psyche, and even to spiritual subjects, to metaphysical subjects. He started to perceive that most of the torments, neurosis, psychosis, even organic illnesses, they were connected to torments in the spiritual dimension of his clients. And then he started to listen seriously and take them seriously. You know, the results were so promising, so liberating for those patients, my God ...

**Jones:**

Results in terms of cure for them, resolving issues.

**Pacheco:**

Yes. Leaving crisis behind and healing diseases and getting back to normal lives. So it’s incredible what we can discover through this study.

**Jones:**

Claudia Bernhardt Pacheco talking about Dr. Norberto Keppe’s perspective on treating, and healing, our problems, which are, in large part, problems of the soul. Viktor Frankl, whom Keppe worked with back in Vienna in the early ‘60s, wrote about man’s search for meaning, and I think this theme of searching might be an important one as we begin our journey to discover the modern relevance of God. My thought is that the sense of meaning has been weakened by our modern tendency to exclude God from the equation.

Well, we will explore that more in upcoming classes, but next I’d like to take you on an inside journey into Norberto Keppe’s monumental discovery of inversion, which explains why things are so upside down, especially on this path to discover true spirituality and, dare I say it, God. So, inversion, coming up in class 2.

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